

ALL ABOUT ME & MY FRIENDS

Let's learn more about YOU... and your friends!
You can draw, write, or even tell someone your answers.

Tips for You While Doing This

- You can talk to someone about your answers if you want help.
- You can do this by yourself, with a friend, or with an adult who can help you write or draw.
- While there may only be space to write/draw about one friend on the second page, feel free to think about more than one of your friends!
- Be curious--feel free to ask and learn more about your friends if there are some things you don't know!
- Remember, everyone has special things about them and different things they need help with—learning about that helps us be kind.

ALL ABOUT ME

My name:

My age:

Something I'm really good at:

Something I like to do:

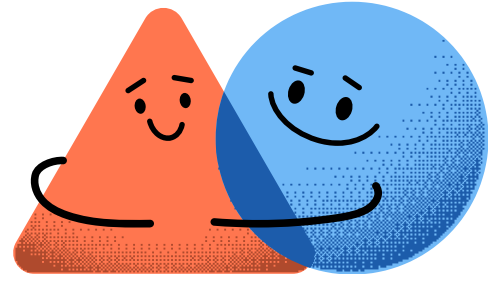
Something that makes me special or unique:

One feeling I've felt today:

Something that makes me happy or feel safe:



MY FRIENDS



Friend's name:

Something your friend is really good at:

Something your friend likes to do:

Something that makes your friend special or unique:

How could you help your friend if they felt sad or upset?

You can draw a picture of your friend or of you doing something fun together!

LET'S TALK ABOUT IT

- How are you and your friend **alike**?
- How are you **different**?
- Why is it cool that everyone is different?
- What can you do to help everyone feel welcome and included?

