

Fall Tree Craft



Materials Needed

- Empty toilet paper roll
- Small branch collected during a walk
- Cotton balls
- Glue
- Clear tape (optional)
- Scissors
- Paint and paintbrushes (red, orange, yellow, and brown)



1 Step 1: Make the Leaves



1. Cut the toilet paper roll into small rings or strips.
2. Pinch one side of each piece to create a leaf shape.

2 Step 2: Create the Tree



1. Place the branch on a flat surface.
2. Glue the branch down or secure it with clear tape to keep it in place.

3 Step 3: Add the Leaves



1. Place small amounts of glue inside each cardboard leaf shape.
2. Fill each leaf shape with cotton balls, gently pressing them into the glue.
3. Allow the glue to dry enough to hold the cotton balls in place.

4 Step 4: Paint the Leaves



1. Use a paintbrush to gently dab fall-colored paint on the cotton balls.
2. Mix and match colors to create a colorful fall tree.
3. Allow the paint to dry completely before displaying your finished tree!

OT Skills Addressed



- Fine motor skills: Pinching the cardboard, picking up cotton balls, and holding a paintbrush.



- Hand-eye coordination: Placing cotton balls inside the leaf shapes.



- Bilateral coordination: Using one hand to hold materials while the other hand works.



- Sensory exploration: Exploring the textures of the cotton balls, the other hand works.



- Color recognition: Identifying and choosing fall colors.



Tip: For younger children, have an adult prepare the cardboard leaves and secure the branch ahead of time. Let the child focus on gluing, placing cotton balls, and painting. Supervise closely around small materials, scissors, and glue.

